

Holy Trinity Catholic Church

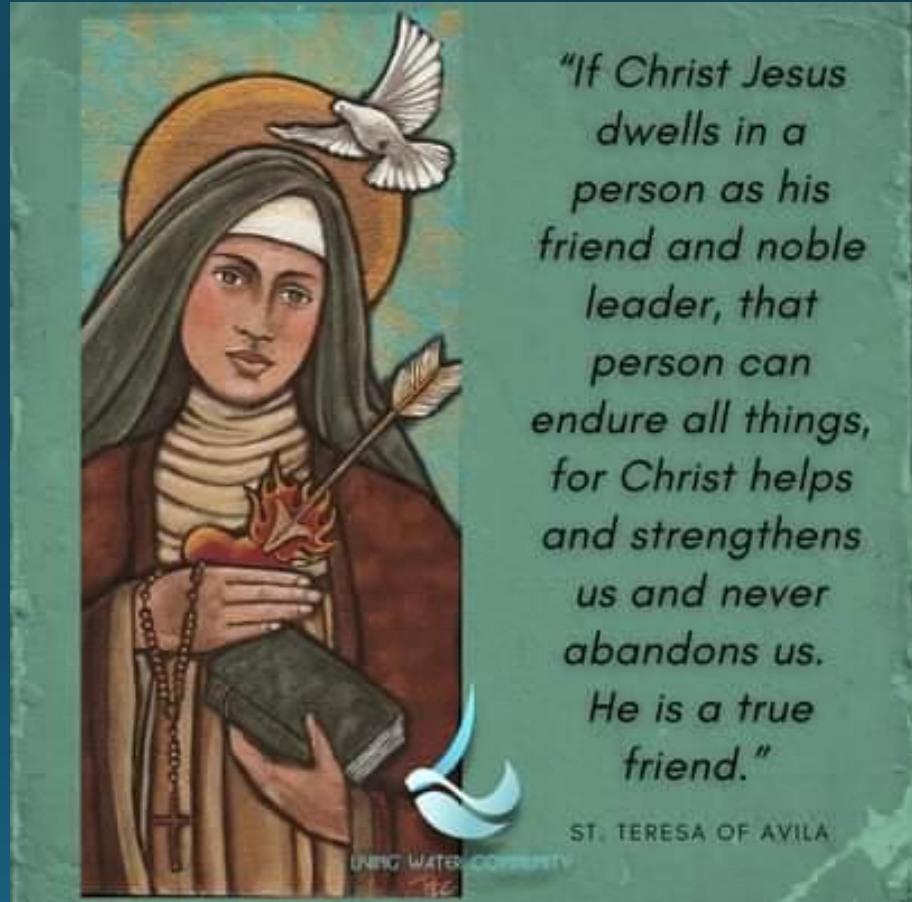
First Penance & First Eucharist

2023-2024

*Jesus said to them, "I am the bread of
life; whoever comes to me will never
hunger, and whoever believes in me will
never thirst."
Jn 6:35*



Welcome & Opening Prayer





YOUR First Reconciliation & First Communion

- What do you remember?
- Share this with your children in the next week!
- Whose First Communion picture is this?



What is our greatest desire for our children?

- Reaching their full potential
- Resilience
- True joy

➤ **To know & love God**

*Whoever remains in me and I in him will bear much fruit,
because without me you can do nothing. Jn 15:5b*

*Let us persevere in running the race that lies before us
while keeping our eyes fixed on Jesus, the leader and
perfecter of faith. Heb 12:1b-2a*

*I have told you this so that my joy may be in you and your
joy may be complete. Jn 15:11*

Perfect love casts out all fear. 1 Jn 4:18

Sacrament of...
Conversion

Penance

Reconciliation

Confession

Forgiveness

- *A clean heart create for me, God; renew within me a steadfast spirit. Ps 51:12*
- *Go; first be reconciled to your brother or sister. Mt 5:24*
- *Be reconciled to God. 2 Cor 5:20*
- *[Jesus] said to her, "Your sins are forgiven. The others at table said to themselves, "Who is this who even forgives sins?" But he said to the woman, "Your faith has saved you; go in peace." Lk 7:48-50*

Last Supper

Breaking of Bread

Eucharist –
Thanksgiving

Sacrifice

Communion

- “The source and summit of the Christian life” (LG 11)
- “While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, ‘Take and eat; this is my body.’ Then he took a cup, gave thanks, and gave it to them, saying, ‘Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.’” Mt 26: 26-28
- “Do this in memory of me.” Lk 22:19b

The Eucharist

- The Eucharist first and foremost unites us more closely to Jesus. It strengthens us to live as Jesus lived.
- It also unites us more closely to one another as the Mystical Body of Christ, renewing and strengthening this incorporation into the Church achieved in baptism.
- In doing so, it both compels and teaches us to recognize Jesus in the world around us, especially in the poor and vulnerable.
- *Amen, I say to you, whatever you did for one of these least brothers or sisters of mine, you did for me.*



or sisters of mine, you did for me.
Mt 25:40

The Eucharist brings us into communion with Jesus Christ so that we also might be in communion with one another.

How do we prepare our children for a lifelong celebration of the Eucharist?

Your role as a parent – you are the primary educators of your children in their faith

- Celebrate Mass weekly together as a family
- Read Bible stories together, especially the Sunday Gospel
- Celebrate the liturgical year in your home
- Forgive one another and ask for forgiveness
- Pray together daily

Faith that is lived daily in the home becomes a lifelong faith.



Overall Preparation & Guidelines

Child's readiness

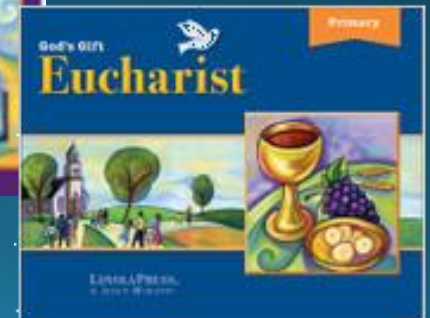
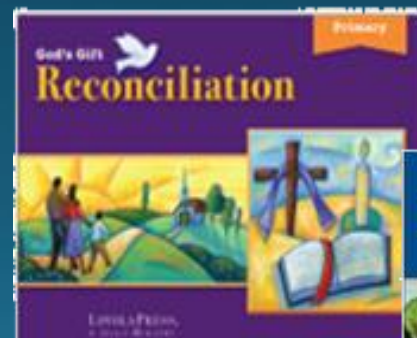
- Age of reason – 7-8 yrs old
- Beginning sense of fairness/ knowledge of right and wrong
- Desire to receive the Eucharist
- Knows that the Eucharistic Bread is not ordinary bread, and the Eucharistic wine is not ordinary wine

Faith Formation

- Holy Trinity Parish (At Home Catechesis or Sunday Morning classes)
- Holy Trinity School
- Another Catholic School

At Home Resources (all families)

- God's Gift: Reconciliation
handed out in December
- God's Gift: Eucharist
handed out in February



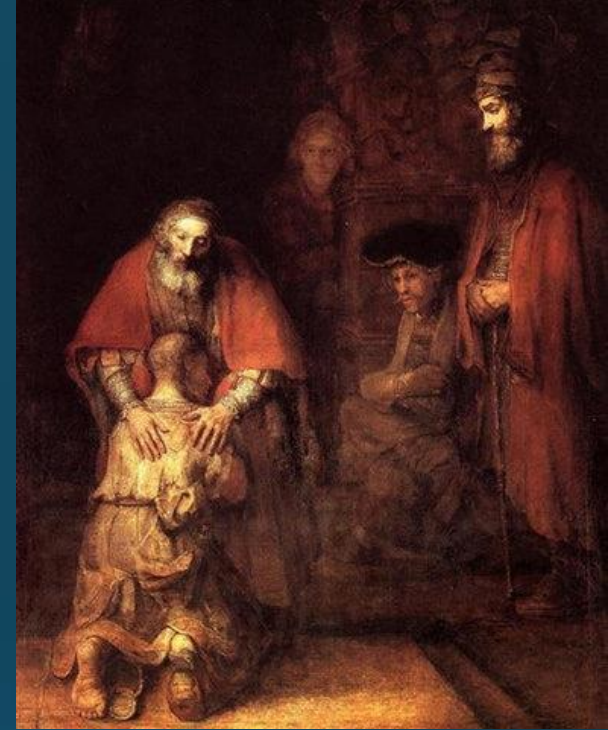
Important Dates

December 10, 2023 – Parent Reflection on the Sacrament of Penance, 10:15 am Trinity Hall

January 28, 2024 – Parent Reflection on the Sacrament of the Eucharist, 10:15 am Trinity Hall

February 15, 2024 – Sacrament of Penance: A Review
7:00 pm Zoom, optional

February 24 or March 2, 2024 – Retreat & First Penance, 9:00 am – 12:00 pm



March 10, 2024 – The Eucharist:
a Deeper Dive (optional)
10:15 am Trinity Hall

Celebration of First Eucharist
April 2024
May 2024



Q&A



Contact

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